

EXECUTIVE SUMMARY

Thank you for your continued hard work sampling **Blaisdell Lake** this year! Your monitoring group sampled the deep spot **four** times this year and has done so for many years. As you know, conducting multiple sampling events each year enables DES to more accurately detect water quality changes. Keep up the good work!

We encourage your monitoring group to continue using Colby Sawyer College Water Quality Laboratory in New London. This laboratory was established to serve the large number of lakes/ponds in the greater Lake Sunapee region of the state. This laboratory is inspected by DES and operates under a DES approved quality assurance plan. We encourage your monitoring group to utilize this laboratory next summer for all sampling events, except for the annual DES biologist visit. To find out more about the Colby Sawyer College Water Quality Laboratory, and/or to schedule dates to pick up bottles and equipment, please call Bonnie Lewis, laboratory manager, at (603) 526-3486.

A Weed Watcher refresher training was conducted at **Blaisdell Lake** during **2007**. Volunteers were trained to survey the lake once a month from **May** through **September**. To survey, volunteers slowly boat, or even snorkel, around the perimeter of the lake and any islands it may contain. Using the materials provided in the Weed Watcher kit, volunteers look for any species that are suspicious. After a trip or two around the lake, volunteers will have a good knowledge of its plant community and will immediately notice even the most subtle changes. If a suspicious plant is found, the volunteers immediately send a specimen to DES for identification. If the plant specimen is an exotic species, a biologist will visit the site to determine the extent of the problem and to formulate a management plan to control the nuisance infestation. Remember that early detection is the key to controlling the spread of exotic plants.

Since your lake is located in the Lake Sunapee Watershed, we are providing an update detailing the activities of The Sunapee Area Watershed Coalition (SAWC). SAWC was organized in January, 2005, to promote local efforts to protect water quality, raise community awareness of important watershed issues, formulate clear guidelines for responsible, long-term stewardship of water resources, and encourage cooperation among Sunapee watershed towns to manage and protect water resources for the common benefit of the area communities.

SAWC is made up of representatives from each watershed town (Goshen, Newbury, New London, Springfield, Sunapee and Sutton), the Lake Sunapee Protective Association, Colby Sawyer College, Upper Valley Lake Sunapee Regional Planning Commission, several lake and pond associations and interested watershed residents. The inter-town Coalition was formed to develop a long-term watershed management plan for the Lake Sunapee watershed. When completed, a watershed management plan will be developed under the NH Department of Environmental Services "watershed approach." It is

2007

anticipated that the Watershed Plan and recommendations, will be accepted by the towns and adopted into their Master Plans. As recommendations are implemented, watershed resources will be protected and enhanced in future years.

A mid-year report was issued in 2007 and progress reports were presented to several watershed towns. A SAWC subcommittee (Watershed Advisory Committee) has been working throughout 2007 specifically on the Watershed Management Plan with Granite State Rural Water Association. The members of this subcommittee have toured important sites in the watershed, including stormwater BMP sites, a NHDOT salt storage barn, a managed forest, a problematic grandfathered housing subdivision, and a municipal drinking water plant. They have met with engineering experts, drinking water supply operators and highway maintenance officials. Major water quality threats have been prioritized and SAWC will have a series of recommendations and a draft Watershed Management Plan completed in early 2008. The draft will be reviewed and a final version approved by town boards. In 2008, SAWC is also planning to have a demonstration project relative to the pilot grant.

For more information, contact June Fichter, Executive Director of the Lake Sunapee Protective Association at 763-2210.

OBSERVATIONS & RECOMMENDATIONS

DEEP SPOT

➤ Chlorophyll-a

Chlorophyll-a, a pigment found in plants, is an indicator of algal abundance. Algae are typically microscopic plants that are naturally found in the lake ecosystem. The measurement of chlorophyll-a in the water gives biologists an estimation of the algal concentration or lake productivity. Table 14 in Appendix A lists the current year chlorophyll-a data.

Figure 1 depicts the historical and current year chlorophyll-a concentration in the water column.

The median summer chlorophyll-a concentration for New Hampshire's lakes and ponds is 4.58 mg/m³.

The current year data (the top graph) show that the chlorophyll-a concentration **decreased** from **May** to **June**, and then **increased** from **July** through **August**. Also, the **May** and **June** chlorophyll-a concentrations were the lowest measured since monitoring began.

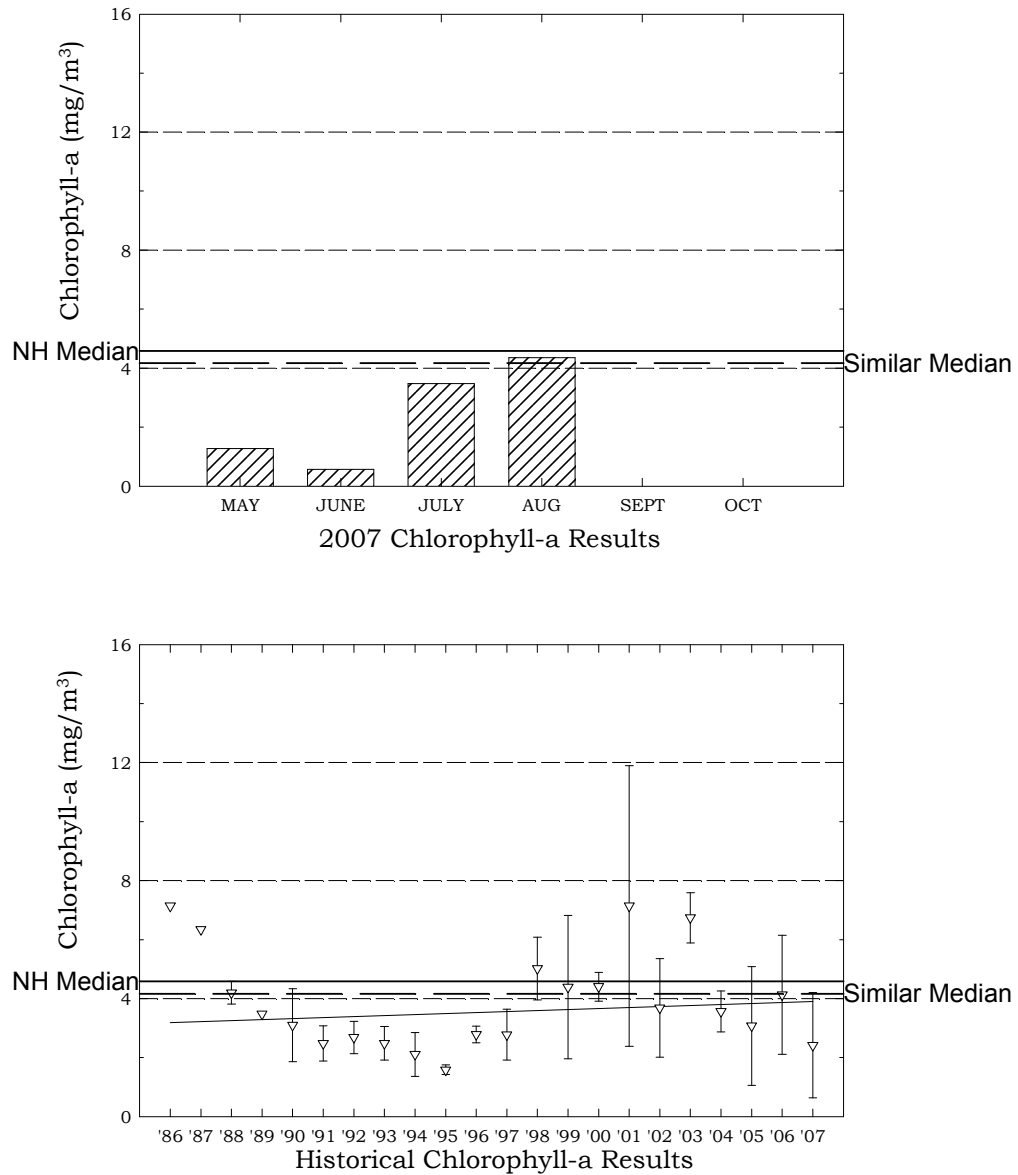
The historical data (the bottom graph) show that the **2007** chlorophyll-a mean is ***much less than*** the state and similar lake medians. For more information on the similar lake median, refer to Appendix D.

Overall, visual inspection of the historical data trend line (the bottom graph) shows a ***slightly increasing yet variable*** in-lake chlorophyll-a trend since monitoring began. Specifically the mean chlorophyll concentration has ***fluctuated between approximately 1.6 and 7.1 mg/m³*** since **1986**.

While algae are naturally present in all waterbodies, an excessive or increasing amount of any type is not welcomed. Phosphorus is the nutrient that algae typically depend upon for growth in New Hampshire lakes and ponds. Algal concentrations increase as nonpoint sources of phosphorus from the watershed increase, or as in-lake phosphorus sources increase. Increased Chlorophyll-a concentrations can also affect water clarity, causing Secchi-disk transparency to decrease (worsen) and turbidity to increase (worsen). Therefore, it is extremely important for volunteer monitors to continually educate all watershed residents about management practices that can be implemented to minimize phosphorus loading to surface waters.

Blaisdell Lake, Sutton

Figure 1. Monthly and Historical Chlorophyll-a Results



➤ **Phytoplankton and Cyanobacteria**

Table 1 lists the phytoplankton (algae) and/or cyanobacteria species observed in the pond in **2007**. Specifically, this table lists the three most dominant phytoplankton species observed and their relative dominance in the sample.

Table 1. Dominant Phytoplankton/Cyanobacteria (July 2007)

Genus	Species	% Dominance
Bacillariophyta	Asterionella	62.5
Chrysophyta	Chrysosphaerella	12.2
Bacillariophyta	Synedra	8.1

Phytoplankton populations undergo a natural succession during the growing season. Please refer to the “Biological Monitoring Parameters” section of this report for a more detailed explanation regarding seasonal plankton succession. Diatoms and golden-brown algae populations are typical in New Hampshire’s less productive lakes and ponds.

A **small** amount of the cyanobacterium **Anabaena** was observed in the **July** plankton sample. ***This species, if present in large amounts, can be toxic to livestock, wildlife, pets, and humans.*** Please refer to the “Biological Monitoring Parameters” section of this report for a more detailed explanation regarding cyanobacteria.

Cyanobacteria can reach nuisance levels when phosphorus loading from the watershed to surface waters is increased and favorable environmental conditions occur, such as a period of sunny, warm weather.

The presence of cyanobacteria serves as a reminder of the pond’s delicate balance. Watershed residents should continue to act proactively to reduce nutrient loading to the pond by eliminating fertilizer use on lawns, keeping the pond shoreline natural, re-vegetating cleared areas within the watershed, and properly maintaining septic systems and roads.

In addition, residents should also observe the pond in September and October during the time of fall turnover (lake mixing) to document any algal blooms that may occur. Cyanobacteria have the ability to regulate their depth in the water column by producing or releasing gas from vesicles. However, occasionally lake mixing can affect their buoyancy and cause them to rise to the surface and bloom. Wind and currents tend to “pile” cyanobacteria into scums that accumulate in one section of the pond. If a fall bloom occurs, please collect a sample in any clean jar or bottle and contact the VLAP Coordinator.

➤ **Secchi Disk Transparency**

Volunteer monitors use the Secchi disk, a 20 cm disk with alternating black and white quadrants, to measure how far a person can see into the water. Transparency, a measure of water clarity, can be affected by the amount of algae and sediment in the water, as well as the natural color of the water. Table 14 in Appendix A lists the current year transparency data. **The median summer transparency for New Hampshire's lakes and ponds is 3.2 meters.**

Figure 2 depicts the historical and current year transparency *with and without* the use of a viewscope.

The current year data (the top graph) includes both the non-viewscope and viewscope readings for **2007**.

The current year *non-viewscope* in-lake transparency *increased* from **June** to **July**, and then *remained stable* from **July** to **August**.

Please note that transparency readings were not recorded in **May** due to an early sampling start time.

The current year *viewscope* in-lake transparency *decreased* from **June** to **July** and then *increased* from **July** to **August**.

The viewscope in-lake transparency was *greater than* the non-viewscope transparency on the **June** and **August** sampling events and was *approximately equal to* the non-viewscope transparency on the **July** sampling event. As discussed previously, a comparison of transparency readings taken with and without the use of a viewscope shows that the viewscope typically increases the depth to which the Secchi disk can be seen into the lake, particularly on sunny and windy days. We recommend that your group measure Secchi disk transparency with and without the viewscope on each sampling event.

It is important to note that viewscope transparency data are not compared to a New Hampshire median or similar lake median. This is because lake transparency with the use of a viewscope has not been historically measured by DES. In the future, the New Hampshire and similar lake medians for viewscope transparency will be calculated and added to the appropriate graphs.

The historical data (the bottom graph) show that the **2007** mean non-viewscope transparency is *much greater than* the state median and is *slightly greater than* the similar lake median. Please refer to Appendix D for more information about the similar lake median.

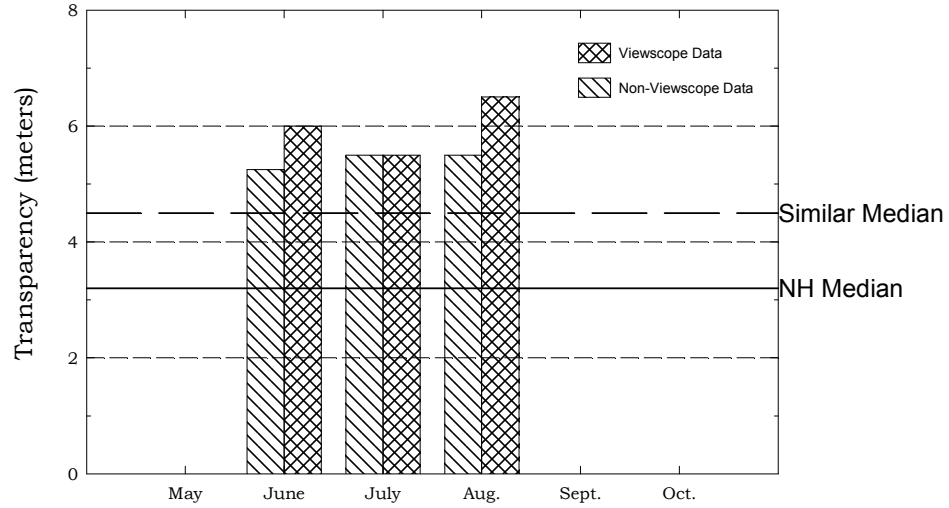
Visual inspection of the historical data trend line (the bottom graph) shows an *stable* trend since monitoring began in **1986**.

Typically, high intensity rainfall causes sediment-laden stormwater runoff to flow into surface waters, thus increasing turbidity and decreasing clarity. Efforts should continually be made to stabilize stream banks, pond shorelines, disturbed soils within the watershed, and especially dirt roads located immediately adjacent to the edge of tributaries and the pond. Guides to best management practices that can be implemented to reduce, and possibly even eliminate, nonpoint source pollutants, are available from DES upon request.

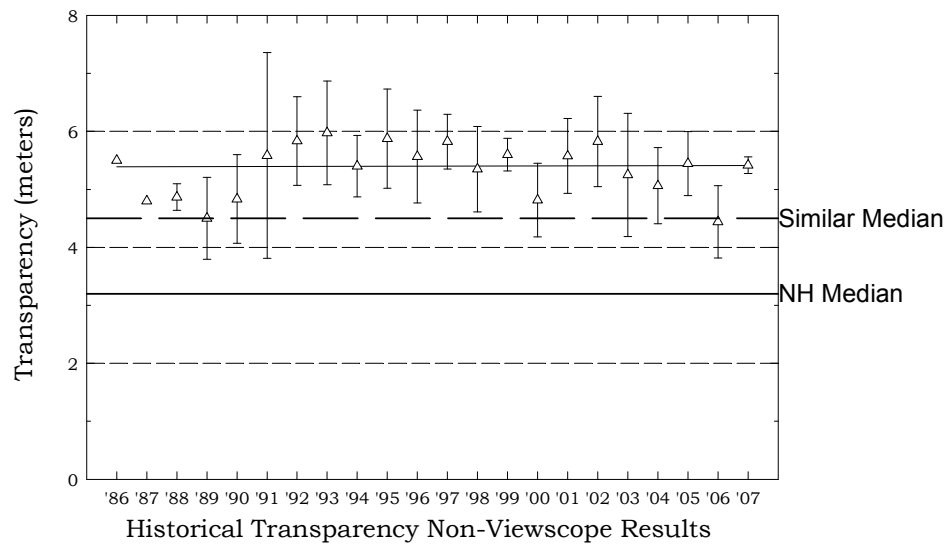
We recommend that your group continue to measure the transparency with and without the use of the viewscope on each sampling event. Ultimately, we would like all monitoring groups to use a viewscope to take Secchi disk readings as the use of the viewscope results in less variability in transparency readings between monitors and sampling events. At some point in the future, when we have sufficient data to determine a statistical relationship between transparency readings collected with and without the use of a viewscope, it may only be necessary to collect transparency readings with the use of a viewscope.

Blaisdell Lake, Sutton

Figure 2. Monthly and Historical Transparency Results



2007 Transparency Viewscape and Non-Viewscape Results



➤ **Total Phosphorus**

Phosphorus is typically the limiting nutrient for vascular plant and algae growth in New Hampshire's lakes and ponds. Excessive phosphorus in a pond can lead to increased plant and algal growth over time. Table 14 in Appendix A lists the current year total phosphorus data for in-lake and tributary stations.

The median summer total phosphorus concentration in the epilimnion (upper layer) of New Hampshire's lakes and ponds is 12 ug/L. The median summer phosphorus concentration in the hypolimnion (lower layer) is 14 ug/L.

The graphs in Figure 3 depict the historical amount of epilimnetic (upper layer) and hypolimnetic (lower layer) total phosphorus concentrations; the inset graphs depict current year total phosphorus data.

The current year data for the epilimnion (the top inset graph) show that the phosphorus concentration ***increased slightly*** from **May** to **June**, ***decreased slightly*** from **June** to **July**, and then ***remained stable*** from **July** to **August**.

The ***slightly elevated*** epilimnetic phosphorus concentration measured on the **June** sampling event may have been due to phosphorus-enriched stormwater runoff that flowed into the surface layer of the lake. Weather records indicate that approximately **1.3 inches** of rainfall was measured **24 hours** prior to sampling.

The historical data show that the **2007** mean epilimnetic phosphorus concentration is ***much less than*** the state median and is ***slightly less than*** the similar lake median. Refer to Appendix D for more information about the similar lake median.

The current year data for the hypolimnion (the bottom inset graph) show that the phosphorus concentration ***gradually increased*** from **May** through **August**.

The hypolimnetic (lower layer) turbidity sample was ***elevated*** on the **August** sampling event (**4.24 NTUs**). This suggests that the lake bottom may have been disturbed by the anchor or by the Kemmerer Bottle while sampling and/or that the lake bottom is covered by an easily disturbed thick organic layer of sediment. When the lake bottom is disturbed, phosphorus rich sediment is released into the water column. When collecting the hypolimnion sample, make sure that there is no sediment in the Kemmerer Bottle before filling the sample bottles.

The historical data show that the **2007** mean hypolimnetic phosphorus concentration is ***less than*** the state and similar lake medians. Please refer to Appendix D for more information about the similar lake median.

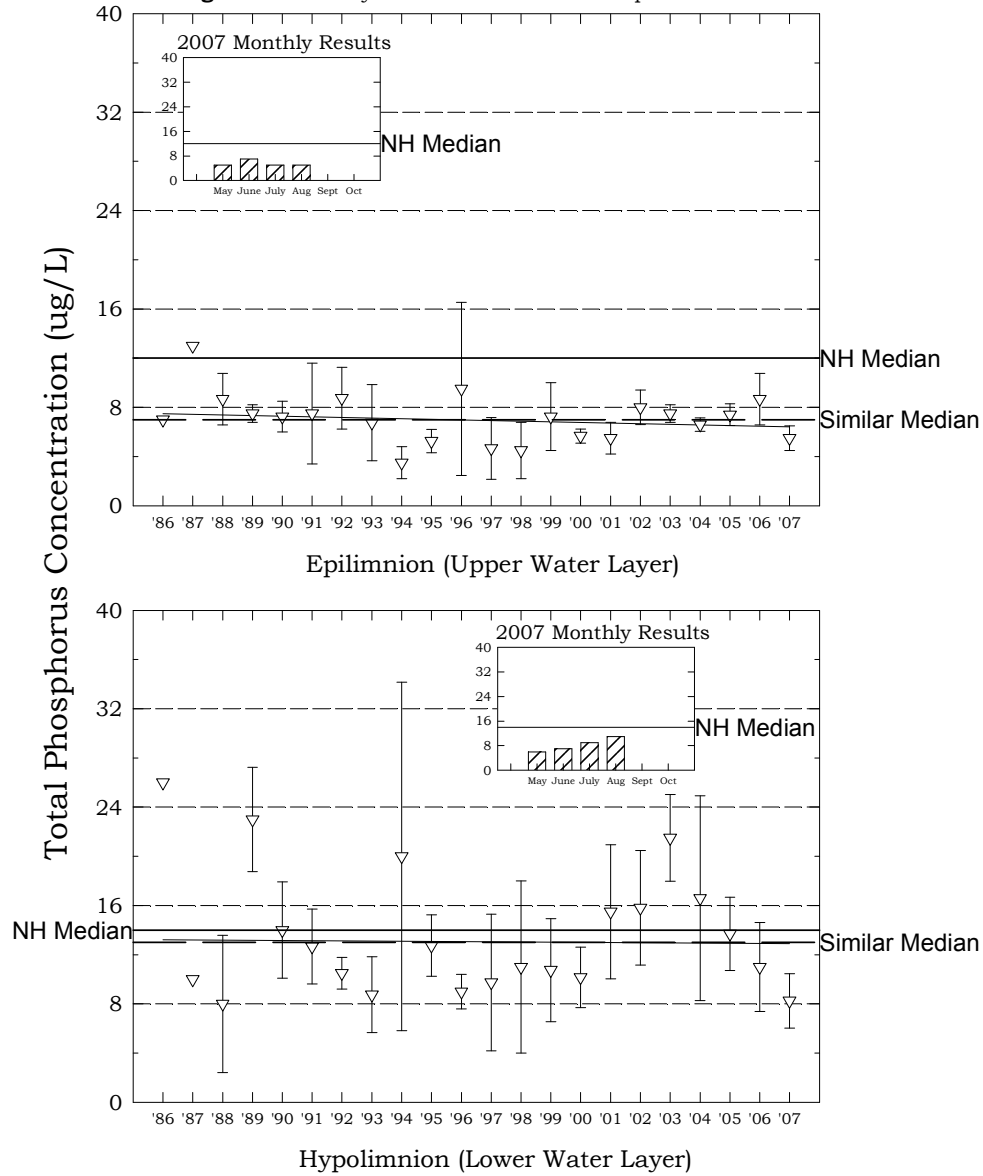
Overall, visual inspection of the historical data trend line for the epilimnion and hypolimnion shows a ***variable*** phosphorus trend since monitoring began.

Specifically the mean annual epilimnetic phosphorus concentration has ***fluctuated between approximately 3.5 and 13.0 ug/L***, and the mean annual hypolimnetic phosphorus concentration has ***fluctuated between approximately 8.0 and 26.0 ug/L***, since monitoring began in **1986**.

One of the most important approaches to reducing phosphorus loading to a waterbody is to continually educate watershed residents about the watershed sources of phosphorus and how excessive phosphorus loading can negatively affect the ecology and the recreational, economical, and ecological value of lakes and ponds.

Blaisdell Lake, Sutton

Figure 3. Monthly and Historical Total Phosphorus Data.



➤ pH

Table 14 in Appendix A presents the current year pH data for the in-lake stations.

pH is measured on a logarithmic scale of 0 (acidic) to 14 (basic). pH is important to the survival and reproduction of fish and other aquatic life. A pH below 6.0 typically limits the growth and reproduction of fish. A pH between 6.0 and 7.0 is ideal for fish. The median pH value for the epilimnion (upper layer) in New Hampshire's lakes and ponds is **6.6**, which indicates that the state surface waters are slightly acidic. For a more detailed explanation regarding pH, please refer to the "Chemical Monitoring Parameters" section of this report.

The pH at the deep spot this year ranged from **6.37 to 6.93** in the epilimnion and from **5.92 to 6.43** in the hypolimnion, which means that the water is ***slightly acidic***.

It is important to point out that the hypolimnetic (lower layer) pH was ***lower (more acidic)*** than in the epilimnion (upper layer). This increase in acidity near the bottom is likely due to the decomposition of organic matter and the release of acidic by-products into the water column.

Due to the state's abundance of granite bedrock and acid deposition received from snowmelt, rainfall, and atmospheric particulates, there is little that can be feasibly done to effectively increase pond pH. The pH at the deep spot, however, is sufficient to support aquatic life.

➤ Acid Neutralizing Capacity (ANC)

Table 14 in Appendix A presents the current year epilimnetic ANC for the deep spot.

Buffering capacity (ANC) describes the ability of a solution to resist changes in pH by neutralizing the acidic input. The median ANC value for New Hampshire's lakes and ponds is **4.9 mg/L**, which indicates that many lakes and ponds in the state are at least "moderately vulnerable" to acidic inputs. For a more detailed explanation about ANC, please refer to the "Chemical Monitoring Parameters" section of this report.

The acid neutralizing capacity (ANC) of the epilimnion (upper layer) ranged from **4.8 mg/L to 7.4 mg/L**. This indicates that the lake is ***moderately vulnerable*** to acidic inputs.

➤ Conductivity

Table 14 in Appendix A presents the current conductivity data for in-lake stations.

Conductivity is the numerical expression of the ability of water to carry an electric current, which is determined by the number of negatively charged ions from metals, salts, and minerals in the water column. The median conductivity value for New Hampshire's lakes and ponds is **40.0 uMhos/cm**. For a more detailed explanation, please refer to the "Chemical Monitoring Parameters" section of this report.

The **2007** conductivity results for the deep spot were **lower than** has been measured **since monitoring began/during the past few years**. It is likely that the lack of rainfall during the **2007** sampling season reduced watershed runoff to the lake. Typically, rain events and snow melt cause potentially pollutant laden watershed runoff to reach tributaries and ultimately the lake leading to elevated conductivity levels.

The **2007** in lake conductivity **remained consistent** with values measured during 2006. Overall, in-lake conductivity levels have **increased slightly** since monitoring began. Typically conductivity levels greater than 100 uMhos/cm indicate the influence of pollutant sources associated with human activities. These sources include septic system leachate, agricultural runoff, and road runoff which contains road salt during the spring snow-melt. We hope this trend continues!

We recommend that your monitoring group conduct a shoreline conductivity survey of the lake and tributaries with **elevated** conductivity to help identify the sources of conductivity.

To learn how to conduct a shoreline or tributary conductivity survey, please refer to the 2004 special topic article, which is posted on the VLAP website at http://www.des.nh.gov/wmb/vlap/2004/documents/Appendix_D.pdf or contact the VLAP Coordinator.

It is possible that de-icing materials applied to nearby roadways during the winter months may be influencing the conductivity in the lake. In New Hampshire, the most commonly used de-icing material is salt (sodium chloride).

Therefore, we recommend that the **epilimnion** (upper layer) be sampled for chloride next year. This additional sampling may help us identify what areas of the watershed are contributing to the increasing in-lake conductivity.

Please note that the DES Limnology Center in Concord will be able to conduct chloride analyses, free of charge, beginning in 2008. As a reminder, it is best to conduct chloride sampling in the spring as the snow is melting and during rain events.

➤ Dissolved Oxygen and Temperature

Table 9 in Appendix A depicts the dissolved oxygen/temperature profile(s) collected during **2007**.

The presence of sufficient amounts of dissolved oxygen in the water column is vital to fish and amphibians and also to bottom-dwelling organisms. Please refer to the “Chemical Monitoring Parameters” section of this report for a more detailed explanation.

The dissolved oxygen concentration was ***much lower in the hypolimnion (lower layer) than in the epilimnion (upper layer)*** at the deep spot on the **July** sampling event. As stratified lakes age, and as the summer progresses, oxygen typically becomes ***depleted*** in the hypolimnion by the process of decomposition. Specifically, the reduction of hypolimnetic oxygen is primarily a result of biological organisms using oxygen to break down organic matter, both in the water column and particularly at the bottom of the lake where the water meets the sediment. When hypolimnetic oxygen concentration is depleted to less than 1 mg/L, **as it was on the annual biologist visit this year and on many previous annual visits**, the phosphorus that is normally bound up in the sediment may be re-released into the water column, a process referred to as ***internal phosphorus loading***.

The ***low*** hypolimnetic oxygen level is a sign of the lake’s ***aging*** and ***declining*** health. This year the DES biologist collected the dissolved oxygen profile in **July**. We recommend that the annual biologist visit for the **2008** sampling year be scheduled during **June** so that we can determine if oxygen is depleted in the hypolimnion ***earlier*** in the sampling year.

➤ **Turbidity**

Table 14 in Appendix A presents the current year data for in-lake turbidity.

Turbidity in the water is caused by suspended matter, such as clay, silt, and algae. Water clarity is strongly influenced by turbidity. Please refer to the “Other Monitoring Parameters” section of this report for a more detailed explanation.

As discussed previously, the hypolimnetic (lower layer) turbidity was ***elevated (4.24 NTUs)*** on the **August** sampling event. In addition, the hypolimnetic turbidity has been elevated on many sampling events during previous sampling years. This suggests that the lake bottom may have been disturbed by the anchor or by the Kemmerer Bottle while sampling and/or that the lake bottom is covered by an easily disturbed thick organic layer of sediment. When the lake bottom is disturbed, phosphorus rich sediment is released into the water column. When collecting the hypolimnion sample, make sure that there is no sediment in the Kemmerer Bottle before filling the sample bottles.

TRIBUTARY SAMPLING

➤ **Total Phosphorus**

Table 14 in Appendix A presents the current year total phosphorus data for tributary stations. Please refer to the “Chemical Monitoring Parameters” section of the report for a detailed explanation of total phosphorus.

Overall, tributary phosphorus concentration(s) were **low** in **2007**, however the **Brown Inlet** phosphorus concentration on the **July** sampling event was **elevated (25 ug/L)**, and the turbidity was also **slightly elevated (2.22 NTUs)**. Elevated turbidity levels are most often a result of sediment and/or organic material present in the sample. These materials typically contain phosphorus and when present in elevated amounts can contribute to elevated tributary phosphorus levels. Also, weather records indicate greater than **1.0 inch** of rainfall occurred **24-72 hours** prior to sampling indicating that sediment laden stormwater likely contributed to the elevated phosphorus and turbidity levels.

➤ **pH**

Table 14 in Appendix A presents the current year pH data for the tributary stations. Please refer to the “Chemical Monitoring Parameters” section of this report for a more detailed explanation of pH.

The pH of the tributary station(s) ranged from **6.25 to 6.90 (> 6)** and is sufficient to support aquatic life.

➤ **Conductivity**

Table 14 in Appendix A presents the current conductivity data for the tributary stations. Please refer to the “Chemical Monitoring Parameters” section of the report for a more detailed explanation of conductivity.

Overall, the conductivity has **gradually increased** in the tributaries since monitoring began.

Russell Inlet has experienced elevated conductivity levels since **1992**. The **2007** conductivity levels were elevated in **June** and **July (84 and 142 uMhos)**. As previously mentioned, weather records indicate over **1.0 inch** of rainfall occurred prior to both sampling dates. This indicates potential watershed pollution sources located upstream.

We recommend that your monitoring group conduct a conductivity survey and rain event sampling of tributaries with **elevated** conductivity. As previously mentioned increasing conductivity typically indicates the influence of pollutant sources associated with human activities.

For a detailed explanation on how to conduct rain event sampling and stream surveys, please refer to the 2002 VLAP Annual Report special topic article, which is posted on the VLAP website at

http://www.des.nh.gov/wmb/vlap/2002/documents/Appndxd_monitoring.pdf, or contact the VLAP Coordinator.

➤ **Turbidity**

Table 14 in Appendix A presents the current year turbidity data for the tributary stations. Please refer to the “Other Monitoring Parameters” section of the report for a more detailed explanation of turbidity.

Overall, **2007** tributary turbidity levels were **consistent** with historical tributary turbidity levels.

Billings, Brown and Russell Inlets experienced turbid conditions in **July**, likely the result of stormwater runoff from significant rain events prior to sampling. Rainfall washes sediment and organic materials into tributaries causing turbid water conditions. Eventually, the suspended solids settle out once the flow is reduced or the tributary flow enters the lake.

➤ **Bacteria (*E. coli*)**

Table 14 in Appendix A lists the current year data for bacteria (*E.coli*) testing. *E. coli* is a normal bacterium found in the large intestine of humans and other warm-blooded animals. *E.coli* is used as an indicator organism because it is easily cultured and its presence in the water, in defined amounts, indicates that sewage **may** be present. If sewage is present in the water, potentially harmful disease-causing organisms **may** also be present. Please refer to the “Other Monitoring Parameters” section of the report for a more detailed explanation.

The *E. coli* concentration was **very low** at each station sampled on the **7/22/2007** sampling event. Specifically, each result was **3.0 counts or less**, which is ***much less than*** the state standard of 406 counts per 100 mL for recreational surface waters that are not designated public beaches and 88 counts per 100 mL for surface waters that are designated public beaches.

➤ **Chlorides**

Table 14 in Appendix A lists the current year data for chloride sampling. The chloride ion (Cl⁻) is found naturally in some surface waters and groundwaters and in high concentrations in seawater. Research has shown that elevated chloride levels can be toxic to freshwater aquatic life. In order to protect freshwater aquatic life in New Hampshire, the state has adopted **acute and chronic** chloride criteria of **860 and 230 mg/L** respectively. The chloride

content in New Hampshire lakes is naturally low, generally less than 2 mg/L in surface waters located in remote areas away from habitation. Higher values are generally associated with salted highways and, to a lesser extent, with septic inputs. Please refer to the “Chemical Monitoring Parameters” section of this report for a more detailed explanation.

Chloride sampling was **not** conducted during **2007**.

DATA QUALITY ASSURANCE AND CONTROL

Annual Assessment Audit

Annual Assessment Audit:

During the annual visit to your pond, the biologist performed a dissolved oxygen and temperature profile and collected a phytoplankton sample. The biologist did not observe the performance of your monitoring group while sampling.

Please contact the VLAP Coordinator in the spring to schedule your annual biologist visit. We recommend scheduling your 2008 visit in June.

Sample Receipt Checklist

Each time your monitoring group dropped off samples at the laboratory this summer, the laboratory staff completed a sample receipt checklist to assess and document if your group followed proper sampling techniques when collecting the samples. The purpose of the sample receipt checklist is to minimize, and hopefully eliminate, improper sampling techniques.

Overall, the sample receipt checklist showed that your monitoring group did a **very good** job when collecting samples this year! Specifically, the members of your monitoring group followed the majority of the proper field sampling procedures when collecting and submitting samples to the laboratory. However, the laboratory did identify a few aspects of sample collection that your group could improve upon, as follows:

- **Secchi disk readings:** When measuring the transparency at the deep spot, please remember to take at least two Secchi disk readings and record these on the field data sheet. Since the depth to which the Secchi disk can be seen in the water can vary depending on how windy or sunny it is, and also on the eyesight of the volunteer monitor, it is best to have at least two people take readings. In addition, please make sure that the Secchi disk readings without the use of a viewscope are taken on the shady, non-windy side of the boat, and that Secchi disk readings with the use of a viewscope are taken on the sunny side of the boat, between the hours of 10 am and 2 pm.
- **Deep Spot Sampling:** Please try to sample the deep spot between 10:00am and 2:00pm. Sampling between these times allows consistency with VLAP standard operating procedures and comparability between sampling events.

USEFUL RESOURCES

Acid Deposition Impacting New Hampshire's Ecosystems, DES fact sheet ARD-32, (603) 271-2975 or www.des.nh.gov/factsheets/ard/ard-32.htm.

Best Management Practices to Control Nonpoint Source Pollution: A Guide for Citizens and Town Officials, DES Booklet WD-03-42, (603) 271-2975.

Canada Geese Facts and Management Options, DES fact sheet BB-53, (603) 271-2975 or www.des.nh.gov/factsheets/bb/bb-53.htm.

Cyanobacteria in New Hampshire Waters Potential Dangers of Blue-Green Algae Blooms, DES fact sheet WMB-10, (603) 271-2975 or www.des.nh.gov/factsheets/wmb/wmb-10.htm.

Erosion Control for Construction in the Protected Shoreland Buffer Zone, DES fact sheet WD-SP-1, (603) 271-2975 or www.des.nh.gov/factsheets/sp/sp-1.htm.

Freshwater Jellyfish In New Hampshire, DES fact sheet WD-BB-5, (603) 271-2975 or www.des.nh.gov/factsheets/bb/bb-51/htm.

Impacts of Development Upon Stormwater Runoff, DES fact sheet WD-WQE-7, (603) 271-2975 or www.des.nh.gov/factsheets/wqe/wqe-7.htm.

IPM: An Alternative to Pesticides, DES fact sheet WD-SP-3, (603) 271-2975 or www.des.nh.gov/factsheets/sp/sp-3.htm.

Iron Bacteria in Surface Water, DES fact sheet WD-BB-18, (603) 271-2975 or www.des.nh.gov/factsheets/bb/bb-18.htm.

Lake Foam, DES fact sheet WD-BB-4, (603) 271-2975 or www.des.nh.gov/factsheets/bb/bb-5.htm.

Lake Protection Tips: Some Do's and Don'ts for Maintaining Healthy Lakes, DES fact sheet WD-BB-9, (603) 271-2975 or www.des.nh.gov/factsheets/bb/bb-9.htm.

Low Impact Development Hydrologic Analysis. Manual prepared by Prince George's County, Maryland, Department of Environmental Resources. July 1999. To access this document, visit www.epa.gov/owow/nps/lid_hydr.pdf or call the EPA Water Resource Center at (202) 566-1736.

Low Impact Development: Taking Steps to Protect New Hampshire's Surface Waters, DES fact sheet WD-WMB-16, (603) 271-2975 or www.des.nh.gov/factsheets/wmb/wmb-17.htm.

Proper Lawn Care In the Protected Shoreland, The Comprehensive Shoreland Protection Act, DES fact sheet WD-SP-2, (603) 271-2975 or www.des.nh.gov/factsheets/sp/sp-2.htm.

Road Salt and Water Quality, DES fact sheet WD-WMB-4, (603) 271-2975 or www.des.nh.gov/factsheets/wmb/wmb-4.htm.

Sand Dumping - Beach Construction, DES fact sheet WD-BB-15, (603) 271-2975 or www.des.nh.gov/factsheets/bb/bb-15.htm.

Shorelands Under the Jurisdiction of the Comprehensive Shoreland Protection Act, DES fact sheet SP-4, (603) 271-2975 or www.des.nh.gov/factsheets/sp/sp-4.htm.

Soil Erosion and Sediment Control on Construction Sites, DES fact sheet WQE-6, (603) 271-2975 or www.des.nh.gov/factsheets/wqe/wqe-6.htm.

Through the Looking Glass: A Field Guide to Aquatic Plants, North American Lake Management Society, 1988, (608) 233-2836 or www.nalms.org.

Weed Watchers: An Association to Halt the Spread of Exotic Aquatic Plants, DES fact sheet WD-BB-4, (603) 271-2975 or www.des.nh.gov/factsheets/bb/bb-4.htm.

Watershed Districts and Ordinances, DES fact sheet WD-WMB-16, (603) 271-2975 or www.des.nh.gov/factsheets/wmb/wmb-16.htm.